

CHANGE STARTS WITH US



Change starts with us by **Sophie Beer** is a vibrant picture book that contains an important environmental message.

The story aims to inspire younger readers to make small but important changes in their lives to help save our beautiful planet.

Curriculum Links: HASS, Visual Arts, English, Sustainability (Cross-Curriculum Priority)

Age Range: K - 2

ACTIVITY: CHANGE MAKER CHALLENGE

Small changes can make a big difference!

This activity encourages young people to help our environment by implementing some small but meaningful change into their own lives.

READ

Read *Change Starts With Us* with your class. Invite students to **discuss what they noticed** and why they think it is important to make changes that will help our environment.

DISCUSS

As a class, review some of the pages in the book. **Brainstorm** different ways in which students could make these changes in their own lives. Record student answers onto an anchor chart to use as inspiration for the Change Maker Challenge.

CHALLENGE

To participate in the Change Maker
Challenge, students will need to implement
one environmental changes
discussed in class. Have students record
their change making on the template
attached (see below). Create a class
display of students' changemaking actions!

This activity could be used as a term long project! Each week, the class can focus on a change.

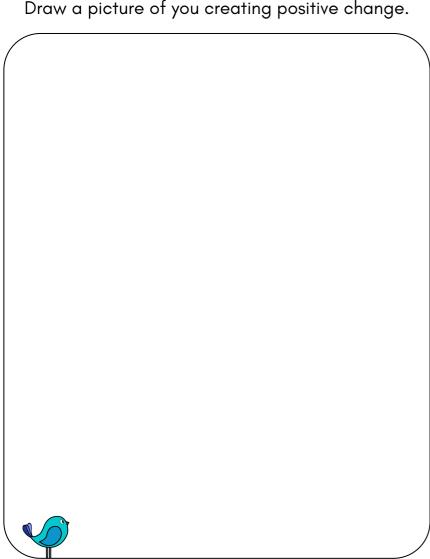
CHANGE MAKER CHALLENGE!	CHANGE MAKER CHALLENGE!
Are you ready to make some change? Draw a picture of you creating positive change and write a sentence to describe what you did.	Are you ready to make some change? Draw a picture of you creating positive change and write a sentence to describe what you did.
I created change by	I created change by







Draw a picture of you creating positive change.





Draw a picture of you creating positive change.





