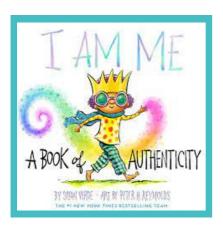


## I AM series



The incredibly talented Susan Verde and Peter H. Reynolds have created a highly relevant mindfulness series. Titles include *I am One, I Am Peace, I Am Human, I Am Love, I am Courage and I am Me.* 

**Curriculum Links:** HASS, Visual Arts, English, PD/H/PE

**Age Range:** K - 6

## **ACTIVITY: SHARED QUALITIES**

How can we create a shared agreement for our class based on qualities which are important to us?

This activity supports the co-creation of a shared class agreement grounded in qualities / values important to learning and connecting with each other.



Read any or all of the books in the *I am* series.

<u>Optional</u>: complete the <u>Civics in Series</u> activity for students to gain a greater understanding of qualities and those important to them.





Support students to **create a list** of qualities or values which are important to them. Use the star cloud below (page 5) as a starting point. In small groups invite students to identify their top three qualities and share their reasoning with the larger group.



Through a whole class discussion **identify the top three shared qualities**. Create a class agreement based on these.

This activity may be worth re-visiting at the beginning of each term. It could also be a progression as students grow more familiar with qualities / values and displaying / articulating them.

## What qualities would you add to the word star?

community kindness coperation coperation coperation community peace collaborate curiosity curiosity kindness growth responsibility creative forgiveness independence perseverance gratitude grit pride friendship understanding initiative caring communicate understanding courage teamwork respect helpful happiness reponsibility patience generosity respect friendship fair loyalty pride initiative responsibility perseverance independence helpful hope

