

## WHO AM 1?



Discover the answers to the big questions we ask ourselves with **Philip Bunting's** Who Am I? – a book that asks us to consider who we really are when all of the external things are stripped away.

"WHO YOU WILL BE IN THIS LIFETIME, WELL...
THAT IS UP TO YOU." - PHILIP BUNTING

Curriculum Links: Literacy, HASS, HPE, Visual Arts

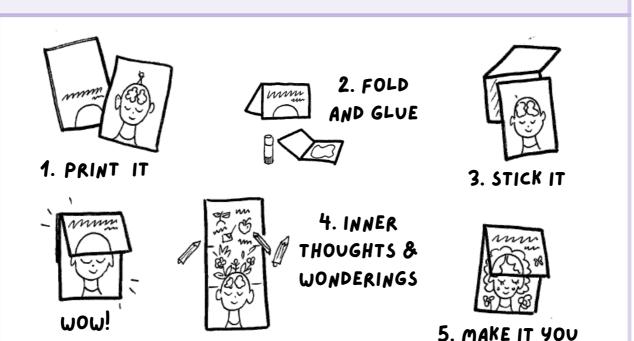
**Age Range:** Years K-6

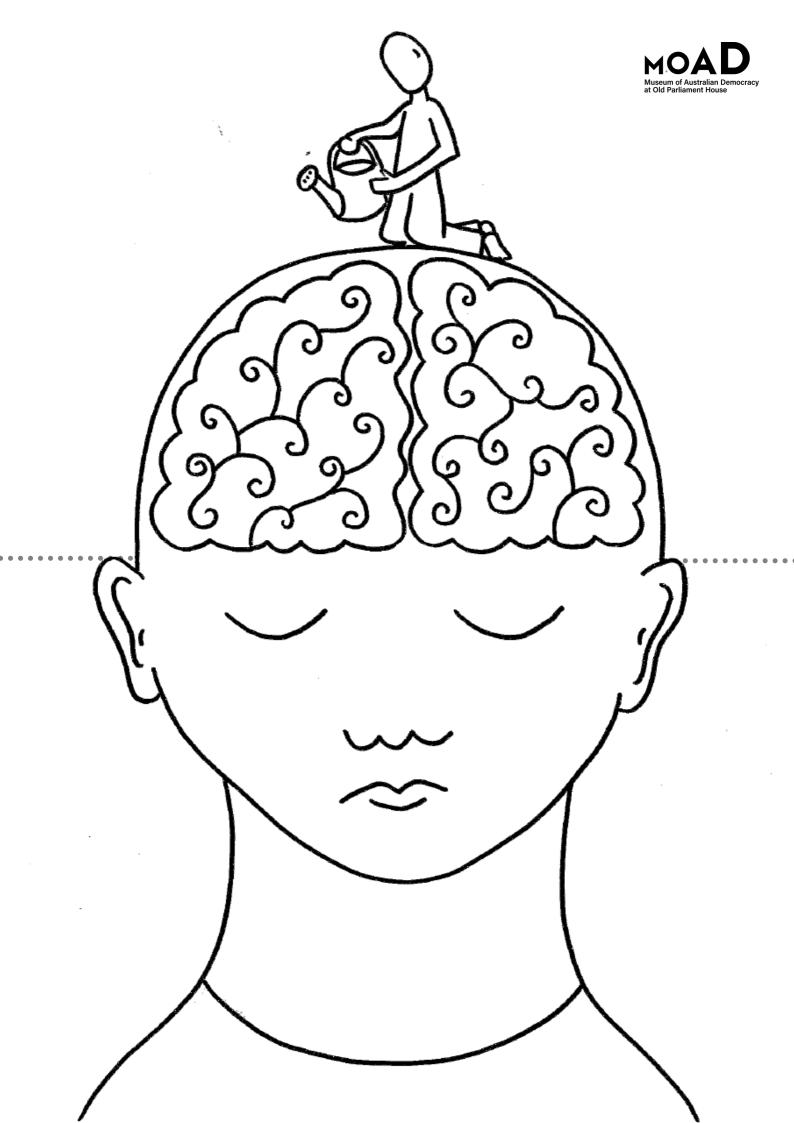
## **ACTIVITY: MINDSCAPE**

To learn how we can best look after others in our schools and communities, it's really important that we do some wondering and learn about **ourselves.** 

In this activity, students can reflect on who they are and who they want to become... what makes a leader, what changes they can make <u>or</u> how to best look after themselves through a visual mindscape of thoughts and wonderings.

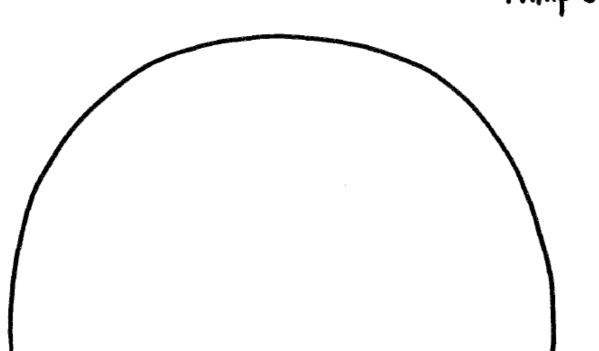
Choose a question, or have students choose their own, and let the wonderings flow!







"Who you will choose to be in this lifetime, well... that is up to you" ~ Philip Bunting





## An example:

## How can I best look after myself?

