



**ON  
AIR**  
**PlayUP**



**WORLD  
YOUTH  
SKILLS DAY**

Join the PlayUP team  
as they make

# INSTRUCTION BOOKLETS

to celebrate

# WORLD YOUTH SKILLS DAY!



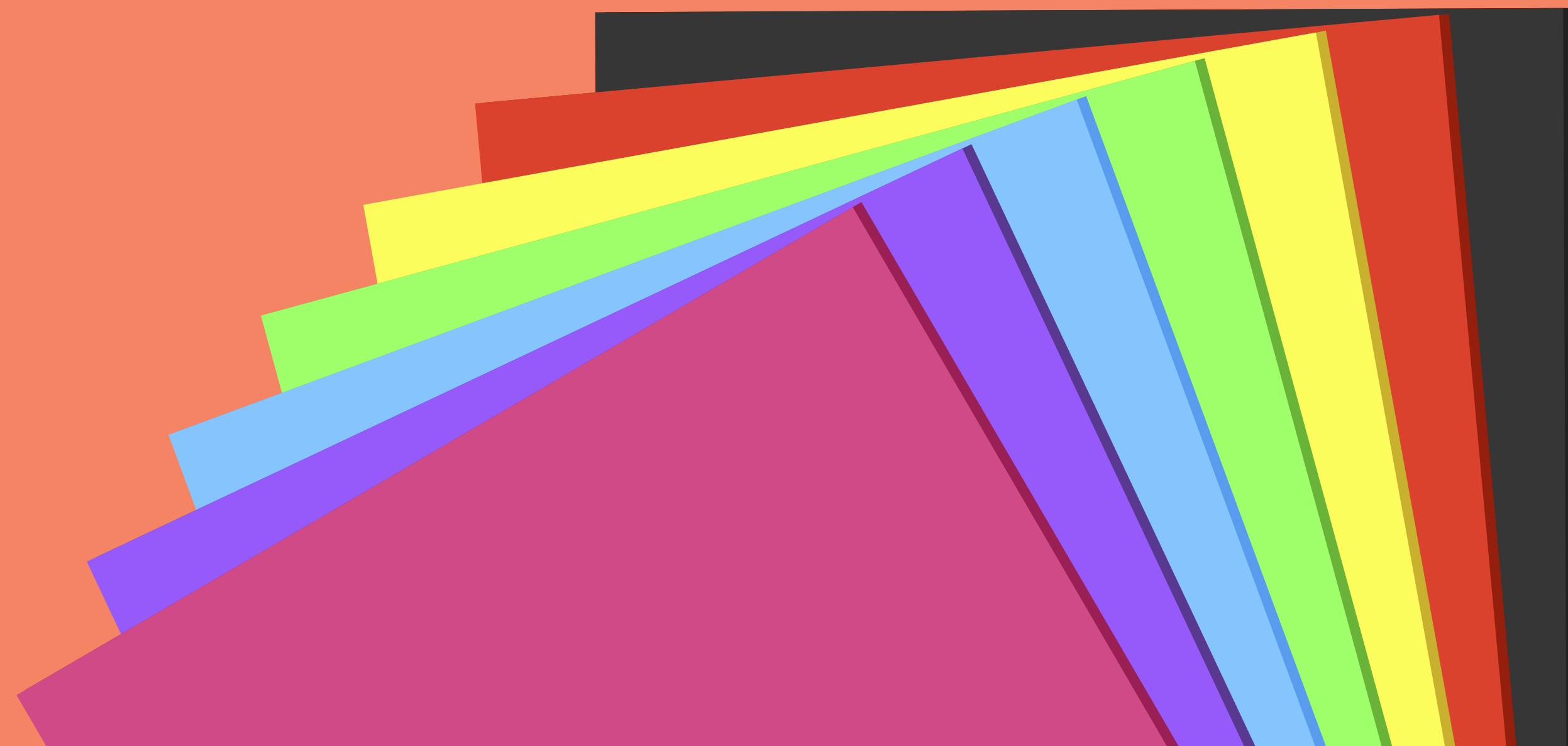
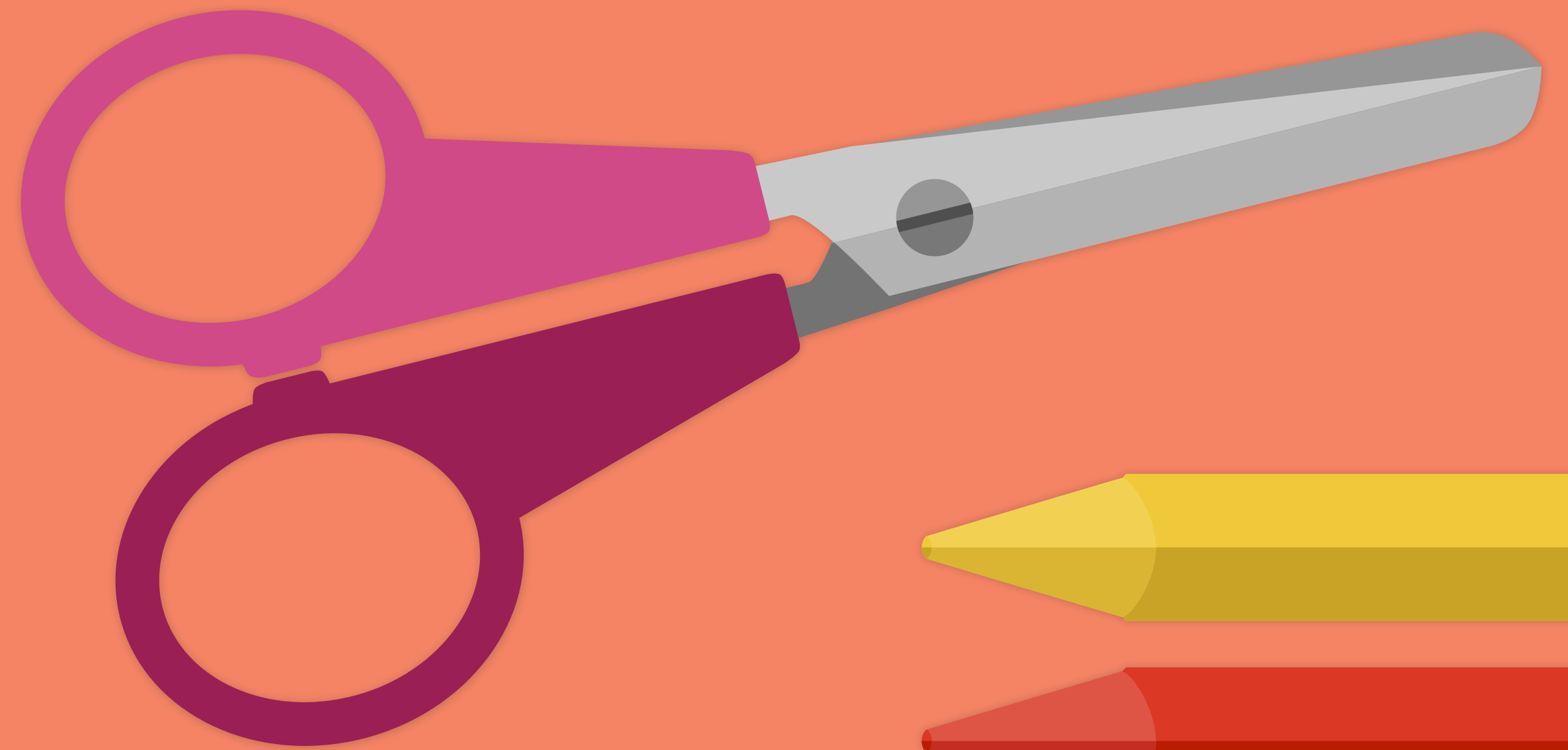
**Skills are things we can do well, and things we'd like to learn how to do. We each have our own special skills. Maybe you are very good at singing or cooking and want to learn how to swim or improve your writing skills. When we grow up, we keep using our skills to work and play.**

We can use our skills to move our bodies (like running or dancing), or to help others, to solve new problems, and to make and use new technology. An important skill to learn is the ability to try new things.

World Youth Skills Day is about celebrating our skills and finding ways for all young people to learn new skills. This includes ensuring all children and young people have access to education and special training.

# Materials

- Paper or cardboard
- **Scissors** (please be careful with these)
- **Crayons, textas or pencils**
- **Glue stick or sticky tape**



# Instructions

1. To start your booklet, fold your piece of paper or cardboard in half.
2. What special skill would you like to share with others? Draw a picture of your skill on the front cover of your booklet.
3. Does this skill require tools? Are there actions to practice? Or steps to take to master this skill? Draw these inside your booklet with instructions.
4. If you need more space, you can add extra pages to your booklet. Simply fold paper in half, place it inside your booklet and use glue or sticky tape together at the fold.

Share your instruction booklet with someone else so they can learn your special skill!

Add a message of encouragement to your friend on the back of your booklet.

Try out  
my skill.  
You can do  
it too!

# Fun at Home

## Fancy slam dunk



### Can you dance as you throw?

Throw a ball (or use a pair of socks rolled together) into a basket or bucket. Every time you get it in, you get a point. As you throw, add a dance move. The player with the most creative or fanciest dance gets bonus points!

**Easy:** Wiggle your body or jump high as you throw.

**Hard:** Try a dance-y twirl or spin before you throw the ball.

**Difficult:** Tap dance before you throw.

**Super challenge:** Try a circus juggling trick before you throw.

For extra bonus points, whistle while you throw or click your fingers with one hand and throw with the other.



# More Fun at Home

## Drawing challenge

Unlock your artistic talents and draw a picture with these tricky challenges:

**Use your toes:** draw a picture only using your feet. Hold your pencil between your toes, no hands allowed!

**With a blindfold:** cover your eyes with a scarf or towel. Can you draw without looking?

**Without lifting your pencil:** try drawing a whole picture without taking your pencil off the page.

Draw your favourite toy, food or something from your imagination.

Share your drawings with the On Air PlayUP team in our Facebook PlayUP Community Group.





# More Fun at Home

## Talk fast

Choose a letter of the alphabet. Think of as many words as you can that start with that letter in one minute. Players get one point for every word.

Team up with a friend to boost your score!

Tip: Use scrabble tiles to randomly select a letter or use the first letter of your name!

## Hide and seek with music

You'll need a device that plays music.

The hider hides the device and turns the music on. The seekers look for the device by following the sound of the music. Take turns being the hider and seekers.

Bonus round: The seekers make a conga line! Can you keep in step as you look for the device and follow the sound of the music?

## Marshmallow towers

Can you build towers using only marshmallows and toothpicks? How high can you build it before it all falls?

Tip: Playing cards also make fun building materials.





# Books

Title	Authors/Illustrator
<i>All the Ways to be Smart</i>	by Davina Bell and Allison Colpoys
<i>Izzy Gizmo</i>	by Pip Jones and Sara Oglivie
<i>What Do People Do All Day?</i>	by Richard Scarry
<i>The Questioners: Ada Twist and the Perilous Pants</i>	by Andrea Beaty illustrated by David Roberts

Increase your maths skills with the ABC's numberblocks: <https://iview.abc.net.au/show/numberblocks>

Learn to spell and write tricky words with Learn A Word: <https://iview.abc.net.au/show/learn-a-word>

# Learn More

[www.un.org/en/events/youthskillsday/index.shtml](http://www.un.org/en/events/youthskillsday/index.shtml)

<https://worldskills.org/what/projects/world-youth-skills-day/>

[www.abc.net.au/btn/classroom/future-jobs/10525832](http://www.abc.net.au/btn/classroom/future-jobs/10525832)

<https://education.abc.net.au/home#!/media/2641963/performing-circus-skills>

[www.abc.net.au/btn/classroom/aussie-inventions/10531740](http://www.abc.net.au/btn/classroom/aussie-inventions/10531740)

Watch this video from Storybots to learn about more skills and professions:

[www.youtube.com/watch?v=KqrXCJ9JwlQeducator-notes-data.pdf](http://www.youtube.com/watch?v=KqrXCJ9JwlQeducator-notes-data.pdf)

# Learning Links

## Links to the Early Learning Framework – Belonging, Being and Becoming

### **Outcome 4:**

#### **Children are confident and involved learners**

- Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.
- Children develop a range of skills and processes such as problem solving, inquiry, experimentation, hypothesising, researching and investigating

### **Outcome 5:**

#### **Children are effective communicators**

- Children express ideas and make meaning using a range of media

## Links to the Australian Curriculum

### **Critical and Creative Thinking Levels 1-3**

- Inquiring – identifying, exploring and organising information – pose questions
- Generating ideas, possibilities and actions
  - imagine possibilities and connect ideas
- Reflecting on thinking and processes
  - reflect on processes
- Analysing, synthesising and evaluating reasoning and procedures – apply logic and reasoning



### **Aligns with United Nations Sustainable Development Goal 4**

Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.



### **Aligns with the United Nations Sustainable Development Goal 8.6, 8.5**

By 2020, substantially reduce the proportion of youth not in employment, education or training.

By 2030, achieve full and productive employment and decent work for all women and men, including for young people and persons with disabilities, and equal pay for work of equal value.

**SUSTAINABLE  
DEVELOPMENT GOALS**

**ON**  
**AIR**  
**PlayUP**

**Don't forget to tune  
into On Air PlayUP next  
Wednesday for more fun.**



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Parliament  
House

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